



# SCCH Consulting Training Events

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## Foundations of Health Psychology Clinical Practice

**Venue: British Psychological Society, London Office**

**Attendees:** Suitable for qualified Health Psychologists, and those in training wishing to learn about and develop their applied practice skills.

**Aim:** For attendees to gain a comprehensive understanding of the foundations of Health Psychology clinical practice.

### Objectives for attendees:

- To describe the basic legal, ethical and clinical standards of Health Psychology safe practice
- To understand the processes involved in setting up and delivering a safe Health Psychology Service
- To describe the professional behaviours required to develop the psychologist-client relationship
- To be self-aware of the personal factors that can impact on clinical practice effectiveness
- To use clinical judgement skills to reflect on clinical practice issues
- To identify key changes in clinical practice that they intend to implement within their current role

### Course Outline:

#### 1. Standards of Health Psychology clinical practice:

- Ethical Issues e.g. consent, confidentiality
- Legal requirements for safe practice
- CPD requirements & HCPC expectations/ BPS standards of practice and their implications for practice

#### 2. Setting up New Services Versus Working in Existing Services:

- Setting up services: private/ public
- Referral process and management
- Working within service constraints
- Job role seniority and responsibilities
- Structure of services within the larger team/ organisations
- Relationship management e.g. family, team
- Support and supervision/ liaison

#### 3. Professional Behaviour When Working with Clients:

- Clinical Skills e.g communication styles, listening skills, collaboration, rapport
- Personal Awareness and Boundaries
- Therapeutic alliance between Psychologist-Client
- Informed Consent, Mental Capacity and Risk Management
- Issues relating to Assessment and formulation

*\* Course comprises taught material, practical case studies and active discussion.  
CPD Certificate of attendance is provided with course hand outs.*